



**APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY**

**NATIONAL SERVICE SCHEME CELL**

**National Service Scheme (APJAKTU NSS Cell) Unit 198, 587 & 307**

## **Report of Activities from July 2022 to June 2023**

**Volunteer Secretaries  
Unit 197, 587 & 307**

**Program Officer  
Unit 197, 587 & 307**

**Principal**



**VISWAJYOTHI**  
COLLEGE OF ENGINEERING & TECHNOLOGY  
Approved by AICTE New Delhi & Affiliated to APJ Abdul Kalam Technological University

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**Report of Activities from July 2022 to June 2023**

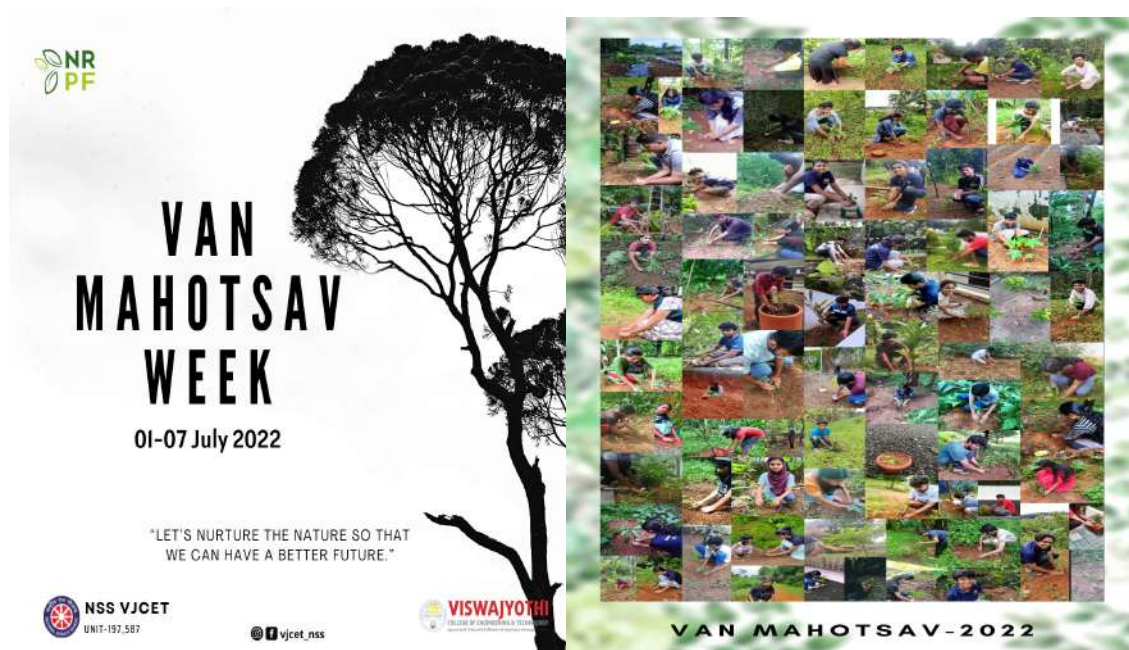
**1. Vanamahotsav 2022**

Date: 01.07.2022

Venue: Viswajyothi College of Engineering and Technology

**Description:**

NSS NRPF volunteers of VJCET decided to practice afforestation for vanmahotsav on 1-7 of July 2022. All the volunteers planted trees in their own homes as part of this event. After the event the photos of volunteers planting trees were submitted through google drive by 7th July.



## 2. Blood Donation Camp Stage-2

Date: 04.07.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

Rudhirasena NSS volunteers of VJCET conducted the second stage of blood donation camp on 4th July 2022. The 2nd stage was completed with 73 donations. In total, we were able to complete 145 donations. The NSS volunteers, college faculties and many others actively participated in this event making this a mass success.



## 3. Winners Got Prize for Naalam

Date: 11.07.2022

Venue: Muthoot Institute of technology and science

### Description:

Many NSS volunteers of VJCET actively participated in the state level event NAALAM, organized by APJAKTU NSS, as part of national reading day in which three volunteers were selected. The event was held at Muthoot Institute of technology and science.



#### 4. Blood Donation for Liver Transplantation

Date: 15.07.2022

Venue: Viswajyothi College of Engineering and Technology

##### Description:

In coordination with Rudhirasena coordinators of VJcet NSS, 7 units of blood were donated for the liver transplantation of Sijo Mani. Justin C, Jeevan Benny, Eldho Peter Regi, Aleeta Rose, Basil Skaria, Pranav T Pramod and Athul G Anil were the donors. The donors were healthy and did not mention any sort of health issues after donating.



## 5. New Rudhirasena Coordinators Registration

Date: 21.07.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

On 21<sup>st</sup> July new volunteers were selected as coordinators for Rudhirasena cell of VJCET NSS. The volunteer secretaries conducted a meeting for the selection of coordinators and they selected the most eligible five volunteers from each unit. The new coordinators are Anand P Sasidharan, Adarsh E Reji, Asif Nazar, Gishna Biju, Ananya Mathew from unit 587 and Jeevan, Eldho Mathew, Sivapriya V Jayan, Amala John, Sajitha Francis from unit 197.



## 6. Survey in Collaboration With IIT Roorke (Preliminary STAGE)

Date: 24.07.2022

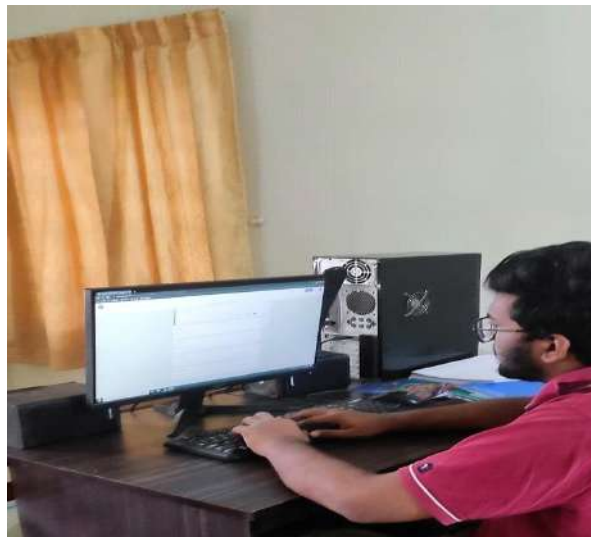
Venue: Viswajyothi College of Engineering and Technology

### Description:

NSS volunteers of VJCET conducted a survey in collaboration with IIT ROORKE. The preliminary stage of the survey was completed on 24th July 2022. Two google forms were



provided to submit the responses .The first form was about the perspective on energy savings and climate change .The latter was demand side management ,EV-PV adoption. A good turnout was there for the survey .All volunteers got involved in it with utmost zeal.They submitted their responses and also arranged more people for an upgraded response. Assuredly the survey was a triumph.



## 7. Cleantech Challenge (Introductory Event)

Date: 26.07.2022

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The promotional event for Clean Tech Challenge was successfully carried out by NSS VJCET in collaboration with the Energy management cell, Government of Kerala,KTU NSS Cell and Energy Cell of NSS VJCET.The program was coordinated for the NSS volunteers near MAIN AUDITORIUM VJCET from 3.30 to 4.30 pm in the college campus on 26.07.2022. All the NSS volunteers actively attended the session without fail.An interesting quiz session was held in the beginning which added beauty to the ceremony and the winners were awarded. Students gained insights on Clean Energy and everything associated with it.



## 8. Anti-Drug Pledge

Date: 27.07.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

As part of ANTI-DRUG DAY all the NSS Volunteers pledged themselves not to use any kind of drugs. All the NSS Volunteers took part in it and submitted the google forms. Certificates were provided after the submission of the google forms and were downloaded and uploaded in google drive.





## 9. Paper Pen Making Competition

Date: 28.07.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

A paper pen making competition was organized by KMEA NSS (unit 226) in collaboration with APJAKTU NSS-NRPF for the NSS volunteers of ernakulam region under KTU NSS cell in association with world nature conservation day. The VJCET NSS volunteers Abhinav P George and Jisin Mathew from unit 197 and Basil John and Ayush Sunil from unit 587 participated in the event. Basil John and Jisin Mathew were able to secure second position in the competition.



## 10. Nature Conservation Day

Date: 28.07.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

As a part of Nature Conservation Day the maintenance and cleaning activities on the vegetable garden was done on 28th July by the NSS volunteers. A bunch of vegetables were harvested and weeds were cleared from the garden. After the maintenance activity, the volunteers left with a handful of vegetables.



## 11. Energy Cell Coordinators Meeting

Date: 28.07.2022

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

Energy cell coordinators meeting was held at Adi Shankara institute of Engineering and Technology ,kalady on 28th July 2022 .The energy cell coordinators Gayathry P G (S4),Serene John(S4),Dibin Sabu(S2),Richu Raju(S2) were participated in the meeting. It was a one day program from 9 AM to 4 PM. Energy conservation and Energy survey was the main topic.The orientation class was very informative and interactive.



# Certificate of Participation

This is to certify that

Mr/Ms Gayatri P.G has participated in the State Level Energy Workshop organised by National Service Scheme Units of Adi Shankara Institute Of Engineering and Technology, Kalady in association with APJAKTU NSS Energy cell and Energy Management centre Trivandrum on 28/07/2022 as a part of Clean Tech Challenge ( CEIBIC).



## 12. Webinar on Energy Savings & Smart Home Technologies

Date: 30.07.2022

Venue: Google meet

### Description:

The Energy Cell volunteers of NSS, VJCET conducted a seminar on the topic "ENERGY SAVINGS & SMART HOME TECHNOLOGIES", on 30th July 2022. The seminar was taken by Mr. Robins Anto (Senior member of IEEE, MIE, MISTE). The seminar started at 7 pm in online mode via Google Meet. It was an excellent session which gives the volunteers more information regarding smart homes and energy savings. It was really a comprehensive & magnificent session which ended with a doubt clearing session, by 9.00pm



### 13. Rudhirasena Annual Meeting

Date: 30.07.2022

Venue: KMEA engineering college, Aluva

#### **Description:**

The Ernakulam regional meetup of Rudhirasena coordinators was held on 30th July 2022 at KMEA engineering college, Aluva from 2pm. VJCET NSS volunteers Adarsh E Reji, Eldho Mathew, Jeevan Benny and Anand P Sasidharan participated in the event. The meeting ended by 4pm.



## 14. Jeevana Coupon Release

Date: 31.07.2022

Venue: Viswajyothi College of Engineering and Technology

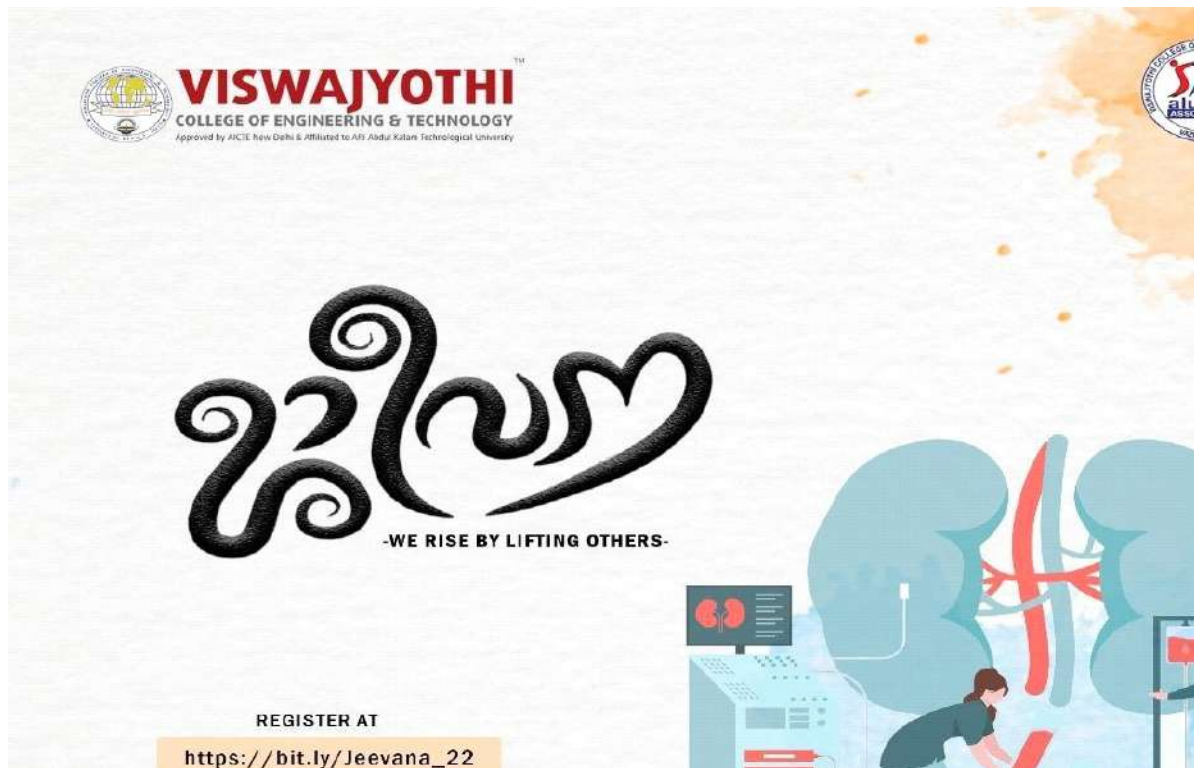
### **Description:**

Kidneys perform crucial and sophisticated functions within our body. So it is vital to treat kidney failure. In order to do that, dialysis is the best method. Most people need 3 sessions of dialysis a week. Many poor families cannot afford the treatment. So KTU Care Coordinators of NSS VJCET collaborated with Renal Care Foundation for collecting money for dialysis Coupon and it's given to one who needs the most. As a kick start to this flagship



event, the Renal care foundation provides us a platform for the official coupon handling. They presented the coupon to principal and our team. Principal Dr.K K.Rajan and all the eminent ones present over their especially MLA Mathew M Kuzhalnadan appreciated our startup.





## 15. Distributing Coupon For Jeevana

Date: 04.08.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

The volunteers of KTU care, NSS VJCET distributed the coupon for the event Jeevana, to Adv. Mathew Kuzhalsadan (Hon. MLA Muvattupuzha constituency). The coupons aim for the fundraising for diabetes, for those who cannot afford it. KTU care coordinators of VJCET NSS, volunteer secretaries, Joint secretaries were present.





## 16. Har Ghar Tiranga Day-1

Date:13.08.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

The first day of Har Ghar Tiranga was celebrated as part of the 75th independence day on 13th August 2022. Rev. Fr. Paul Nedumpurath (director, VJCET) hoisted the national flag and shared his feelings of patriotism for the country.



## 17. Har Ghar Tiranga Day-2

Date: 14.08.2022

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The second day of Har Ghar Tiranga was celebrated as part of the 75<sup>th</sup> Independence Day on 14<sup>th</sup> August 2022. Rev. Fr. Mathew Puthenkulam (warden, men's hostel, VJCET) hoisted the national flag. The event concluded with the National Anthem.



### 18. Har Ghar Tiranga Day- 3

Date: 15.08.2022

Venue: Viswajyothi College of Engineering and Technology

#### Description:

The third day of Har Ghar Tiranga was celebrated as part of the 75th independence day on 15th August 2022. The event commenced by 8:15 am. Dr K K Rajan (principal, VJCET), Rev. Fr. Paul Nedumpurath (director, VJCET) and Mr Appu John (asst. Prof, civil department) were present for the event and shared their spirit of patriotism. A quiz competition was also conducted. The event ended after having refreshments.





## 19. Har Ghar Tiranga Certification

Date: 15.08.2022

Venue: Viswajothi College of Engineering and Technology

### **Description:**

All NSS volunteers pan India were asked to upload their pictures with the national into the har Ghar tiranga website. VJCET NSS volunteers actively participated in this program and uploaded the certificates into the google drive provided

# CERTIFICATE OF APPRECIATION

PROUDLY PRESENTED TO

**Abhinav P George**

FOR SUCCESSFULLY UPLOADING A SELFIE,  
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK AZADI KA AMRIT M



# CERTIFICATE OF APPRECIATION

PROUDLY PRESENTED TO

**Adithya Binoy**

FOR SUCCESSFULLY UPLOADING A SELFIE,  
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK AZADI KA AMRIT M



## 20. Orphanage Visit

Date: 24.09.2022

Venue: Snehatheeram Rehabilitation Centre located at Machiplavu

### **Description:**

The NSS volunteers of VJCET, under the guidance of KTU Care coordinators of VJCET NSS, visited Snehatheeram Rehabilitation Centre located at Machiplavu, Adimali on 24 September 2022, as a part of 'one day one rupee' mission. We were able to contribute them some necessities like clothes, bedsheets, towels and other necessary items. Only a limited number of volunteers were allowed to visit the orphanage and they indulged in the precious moments of that day.



## 21. Collection of Funds for Jeevana

Date: 26.09.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

The NSS volunteers of Viswajyothi College, under the guidance of KTU coordinators of VJCET NSS, collected 5 lakh rupees as part of JEEVANA. Jeevana is an initiative by VJCET NSS and alumni association of Viswajyothi College Of Engineering And Technology in association with Jeevadhara renal care foundation, Vazhakulam. Jeevana is a fundraising campaign for dialysis of people who are financially struggling. The fundraising was done by distributing coupons. The VJCET NSS volunteers gathered an amount of 5 lakhs by distributing 500 coupons worth ₹1000.-. Everyone actively took part in this initiative.





## 22. Clean Up Drive -Tourism Day

Date: 27.09.2022

Venue: Bhoothathankettu park

### Description:

VJCET Tourism Club associated with the Tourism Department of Kerala and DTPC Ernakulam and conducted a clean up drive at Bhoothathankettu as part of Tourism Day on 27<sup>th</sup> September 2022.VJCET NSS took initiative of Captains Foundation in which the volunteers helped in removing plastic waste near Bhoothathankettu park and the wastes were disposed properly. The volunteers actively participated in the cleaning process. All the volunteers got certificates provided by the Tourism Department.



# WORLD TOURISM DAY

27 SEPTEMBER



## 23. Poster Designing Competition

Date: 02.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

NSS units 197 and 587 of Viswajyothi College of Engineering and Technology conducted a poster designing competition, "Vimukthi" as part of a drug free campaign by the department of higher education. "Drugs free campus" was the topic for the competition and both digital and painting posters were accepted for the competition. A google drive link was shared among participants which was closed by 10 pm on 03.10.2022. A lot of students participated in the competition and winners were awarded cash prizes.




## 24. Drug Free Campaign

Date: 06.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

The inauguration of the drug free campaign by the department of higher education was done by honourable chief minister of Kerala , Shri Pinarayi Vijayan at 9:45 am on 6th October. The event was telecasted live at the main auditorium of Viswajyothi college of engineering and technology. All students appeared for the event.

  
 UNIT -107 587

# ലഹരി വിരുദ്ധ ക്യാമ്പയിനിന്റെ സംസ്ഥാനതല ഉദ്ഘാടനം


## മുഖ്യമന്ത്രി പിണറായി വിജയൻ നിർവഹിക്കും

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### ഒക്ടോബർ 6 | 9:45ന്

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മുഖ്യമന്ത്രിയുടെ ഉദ്ഘാടന പ്രസംഗം  
നമ്മുടെ വിശ്വജ്യോതി കോളേജിൽ  
സ്വമയം പ്രദർശിപ്പിക്കും.



കൂടുതൽ അന്വേഷണങ്ങൾ

## 25. Girls Night Out Marathon

Date: 08.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

On 8<sup>th</sup> October 2022, the dynamic NSS volunteers of VJCET participated in a marathon organized by the women's association Muvattupuzha. The marathon was a part of the "GIRLS NIGHT OUT @ MUVATTUPUZHA", an initiative by Dr. Mathew Kuzhalnadan MLA. The event aimed at empowering women and to encourage them to step out into the streets without worrying about their safety. The marathon was kicked off from KSRTC stand Muvattupuzha and ended at Velloorkunnam junction. Many enthusiastic girl volunteers of NSS VJCET participated in the marathon and the boy volunteers volunteered for the event with utmost support. The event encouraged the women to come out after the dark and created a nightlife in the town. It also emphasized the noteworthiness of self-defence. The event was a sensation and received an extraordinary response from all.

**FIRST EVER**  
IN MUVATTUPUZHA

**GIRLS NIGHT OUT**  
@ MUVATTUPUZHA

ON **8 9** OCTOBER

**STREET FOOD FEST & MUSICAL NIGHT**

PROMOTION PROGRAMS

**6<sup>th</sup> OCTOBER** 5PM - 6PM TALK & DISCUSSION ON **SELF DEFENCE**

**7<sup>th</sup> OCTOBER** 7PM - 8.30PM **MAR**





## 26. Quiz Competition

Date: 12.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

NSS units 197 and 587 of viswajyothi college of engineering and technology conducted a quiz competition as part of a drug free campaign by the department of higher education at 11:00 am on 12 th October at civil seminar hall. The quiz was based on the topic drug addiction. The quiz was conducted for students from every classes and nss volunteers. Everyone actively participated in the quiz competition and winners were awarded cash prizes.



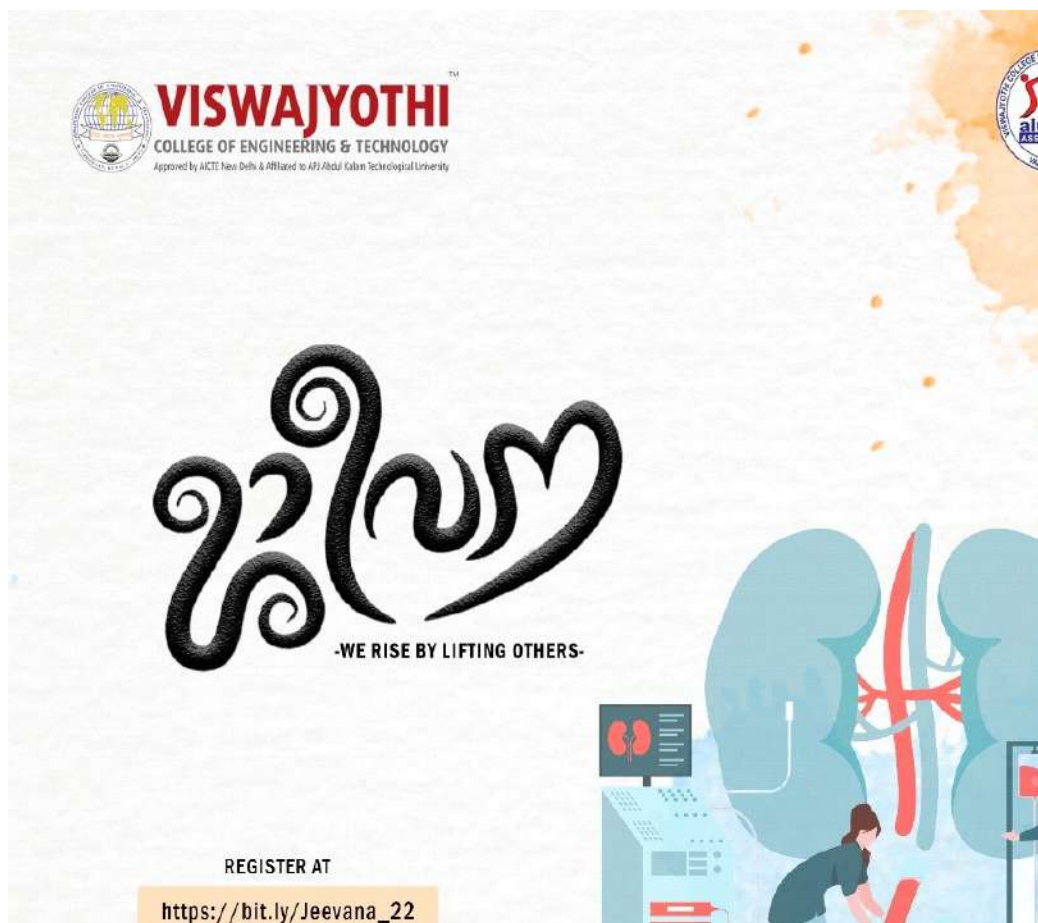
## 27. KTU Care Camp And Jeevana Inauguration

Date: 15.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

The two day residential training program on palliative care jointly organized by KTU NSS and pallium India and the inauguration of Jeevana, an initiative of KTU care, was conducted on 15<sup>th</sup> and 16<sup>th</sup> of October, 2022. Jeevana is an initiative by VJCET NSS and alumni association of Viswajyothi College of Engineering and Technology in association with Jeevadhaara renal care foundation, Vazhakulam. Jeevana is a fundraising campaign for dialysis of people who are financially struggling. The fundraising was done by distributing coupons. Initially VJCET NSS volunteers gathered an amount of t lakhs by distributing 500 coupons worth 1000.- after which Jeevana was made a state level event by KTU care. Around 50 volunteers of VJCET NSS volunteered for the whole event. Everyone gave their 100% to make the event a grand success. NSS Volunteers of VJCET put their maximum for the success of the event, their hard work for the past week had made the event mesmerizing. Volunteers from various colleges across Kerala appreciated them.





## 28. Redwings Data Book Release

Date: 15.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

**REDWINGS** is a blood bank data book will serve as an important tool as it covers every detail regarding the donors who are willing to donate their blood at any time of need. The blood bank data book was released by Adv. Dean Kuriakose, MP- Idukki and the first copy was received by Dr. Jai M Paul, NSS Ernakulam Regional co-coordinator in the presence of Adv.Mathew Kuzhalnaadan, MLA of Muvattupuzha, Shri. Shelmy Jones, Panchayath President- Avoli, Dr K.K.Rajan, Principal- VJCET, Mr. Kurian M.D President Jeevadhara Renal care foundation, Vazhakulam, Mr. Jacob Mathai, VJCET Alumni association representative, Mr. Shiju Ramachandran, KTU care state coordinator, Management representatives of VJCET, NSS volunteers from all the colleges under APJAKTU, and the invited guests.



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**NATIONAL SERVICE SCHEME  
UNIT 197,587**

**RED  
WINGS**

**RUDHIRASENA**





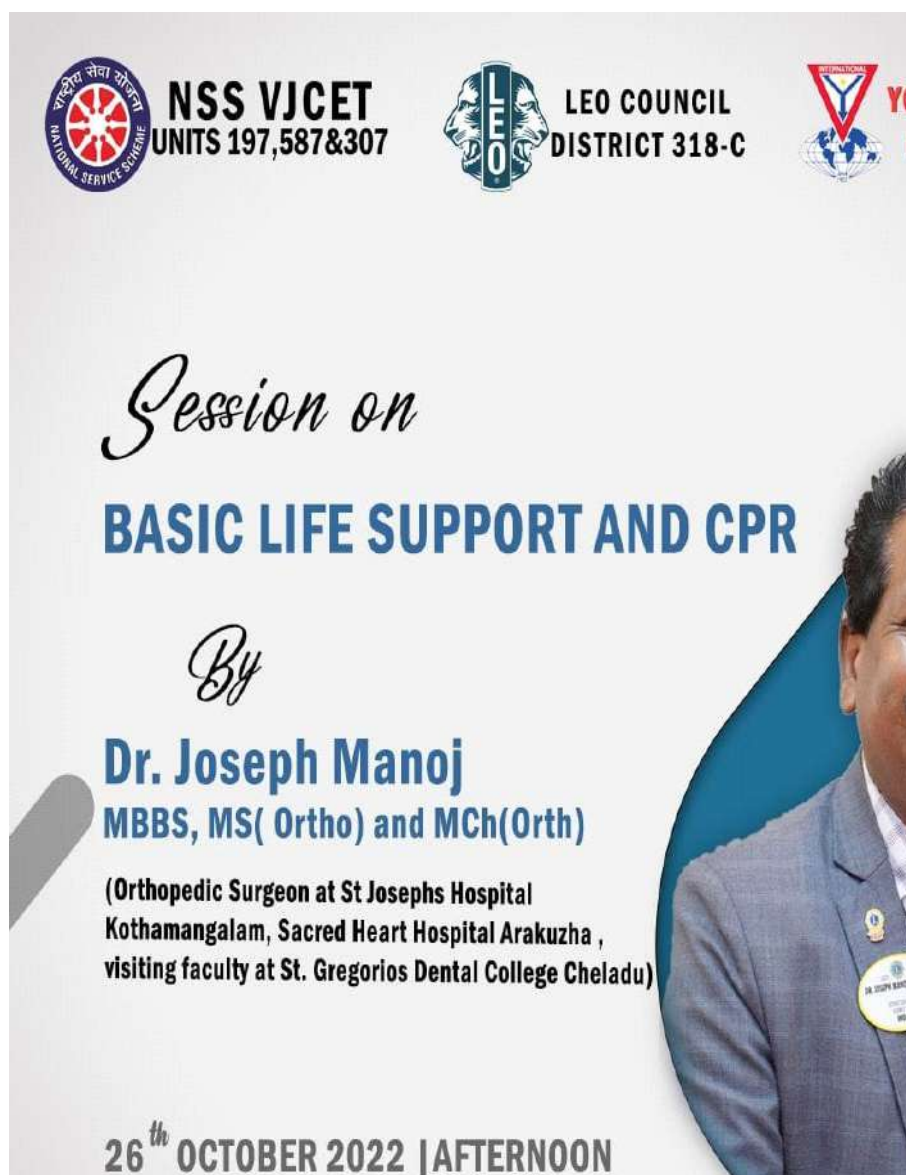
## 29. Session on Basic Life Support and CPR

Date: 26.10.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

On October 26, there was a session based on basic life support and CPR, conducted by Dr. Joseph Manoj [MBBS, MS (Ortho) and MCh (Ortho)]. He is a well experienced doctor and works as an Orthopaedic surgeon at St. Joseph's Hospital, Kothamangalam, Sacred Heart Hospital, Arakuzha and as a visiting faculty at St. Gregorios Dental College, Cheladu. This session was mainly conducted for NSS Volunteers and First Year Students in association with Leo Council and Youth Ministry Kolenchery. This session was a huge success as everyone actively took part in it.



The poster features three logos at the top: the National Service Scheme (NSS) logo on the left, the Leo Council logo in the center, and the Youth Ministry logo on the right. The text on the poster reads: "Session on BASIC LIFE SUPPORT AND CPR By Dr. Joseph Manoj MBBS, MS( Ortho) and MCh(Orth) (Orthopedic Surgeon at St Josephs Hospital Kothamangalam, Sacred Heart Hospital Arakuzha , visiting faculty at St. Gregorios Dental College Cheladu) 26<sup>th</sup> OCTOBER 2022 |AFTERNOON". A partial photograph of Dr. Joseph Manoj is visible on the right side of the poster.



### 30. Organic Cultivation (Day- 1)

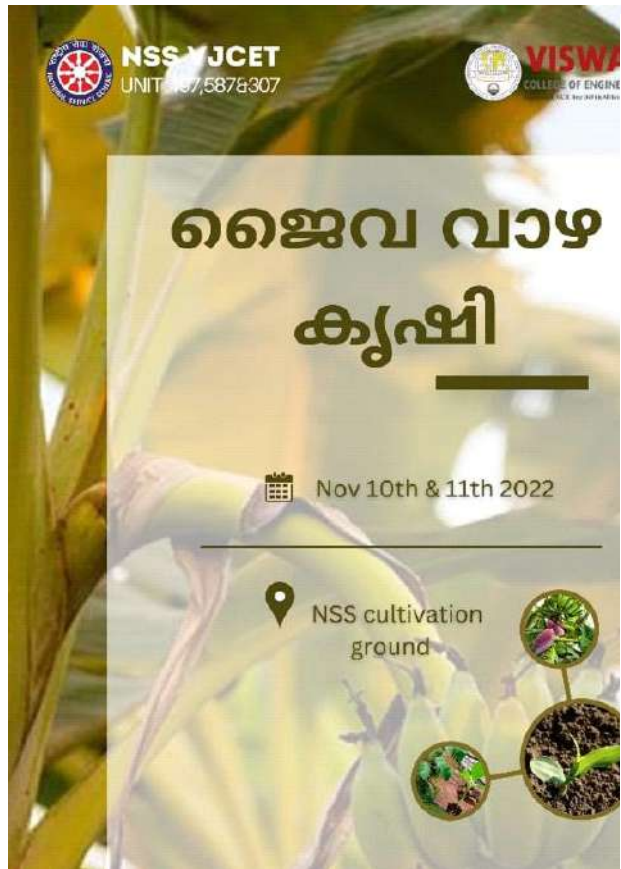
Date:10.11.2022

Venue: Viswajyothi College of Engineering and Technology

**Description:**

The Plantain cultivation by VJCET NSS was conducted on 10th and 11th november at the NSS cultivation ground. The saplings were planted and taken care of by the volunteers. Every volunteer planted a sapling.

**Attendance:**



● ഞങ്ങളും കൃഷിയിലേക്ക് കൃഷിയിലേക്ക് കൃഷിയിന്റെ ഭാഗമായി വാഴക്കുട്ടം വിശ്വജ്യോതി എൻജിനീയറിംഗ് കോളേജിന്റെ ഉദ്യോഗസ്ഥർ, മാതൃ കൃഷിയിലേക്ക് എം.എൽ.എ. നിർവഹകർ

### ഞങ്ങളും കൃഷിയിലേക്ക്; വിശ്വജ്യോതിയിൽ പച്ചക്കറിക

വാഴക്കുട്ടം സംസ്ഥാന കൃഷി വകുപ്പിന് നൽകുന്ന ഞങ്ങളും കൃഷിയിലേക്ക് കൃഷിയിന്റെ ഭാഗമായി വാഴക്കുട്ടം വിശ്വജ്യോതി എൻജിനീയറിംഗ് കോളേജിൽ ആരംഭിച്ച ഇൻസ്ട്രിറ്റ്യൂഷണൽ കൾട്ടിവേഷൻ പദ്ധതി മാതൃക്കുന്നത്. പദ്ധതി, വെണ്ട, തക്കാളി, പാവൻ, പടവല, പച്ചമുളക് തുടങ്ങി 18 ഇനം പച്ചക്കറികളാണ് കൃഷിയിടത്തിൽ ഉള്ളത്. പദ്ധതിക്ക് ആവശ്യമായ മാർഗ നിർദ്ദേശങ്ങളും വിദഗ്ധ ഉപദേശങ്ങളും നൽകിയത് ആരോഗ്യ ഡോക്ടർ, ജി. പാവൻ, പടവല, പച്ചമുളക് തുടങ്ങി 18 ഇനം പച്ചക്കറികളാണ് കൃഷിയിടത്തിൽ ഉള്ളത്. പദ്ധതിക്ക് ആവശ്യമായ മാർഗ നിർദ്ദേശങ്ങളും വിദഗ്ധ ഉപദേശങ്ങളും നൽകിയത് ആരോഗ്യ ഡോക്ടർ, ജി. പാവൻ, പടവല, പച്ചമുളക് തുടങ്ങി 18 ഇനം പച്ചക്കറികളാണ് കൃഷിയിടത്തിൽ ഉള്ളത്. പദ്ധതിക്ക് ആവശ്യമായ മാർഗ നിർദ്ദേശങ്ങളും വിദഗ്ധ ഉപദേശങ്ങളും നൽകിയത് ആരോഗ്യ ഡോക്ടർ, ജി. പാവൻ, പടവല, പച്ചമുളക് തുടങ്ങി 18 ഇനം പച്ചക്കറികളാണ് കൃഷിയിടത്തിൽ ഉള്ളത്.

### 31. Organic Cultivation (Day- 2)

Date:11.11.2022

Venue: Viswajyothi College of Engineering and Technology

**Description:**

The Plantain cultivation by VJCET NSS was conducted on 10th and 11th november at the NSS cultivation ground. The saplings were planted and taken care of by the volunteers. Every volunteer planted a sapling.



## 32. Session on Energy Awareness and Energy Audit

Date:12.11.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

An orientation session on energy awareness and energy audit was conducted on 12th November, at 8pm on google meet platform. The event was organized by energy cell coordinators of VJCET NSS . The session was led by NSS volunteers Mr. Richu Raju and Mr Dibin Sabu. It was an informative and productive session and everyone participated actively.



### 33. One Campus One IAS Quiz

Date: 1.12.2022

Venue: Viswajyothi College of Engineering and Technology

#### Description:

A quiz program was organized as a part of the flagship program of NSS, one campus one IAS. The quiz program was held on 01.12.22 and an active participation was witnessed. Mr Alex Geevar Benoy secured first position and Mr. Rahul K secured second position.



### 34. Rudhirasena Orientation

Date: 05.12.22

Venue: Viswajyothi College of Engineering and Technology

#### Description:

A Rudhirasena orientation program was held for NSS volunteers of VJCET on 5th December at 2:30 pm. The session was led by Mr Muhammad Sahil and Pranav. The session included a detailed introduction about Rudhirasena cell and its activities. It was filled with many activities and everyone totally engaged in them.



Unit 197,587

VISWAJYOTHI COLLEGE OF ENGINEERING AND TECHNOLOGY, VAZHAKULAM

#BLOOD DONATION CAMP



# RED WINGS



# RED WINGS

**RUDHIRASENA NSS VJ CET**

STAGE-1 : 16/06/22-72 DONATIONS

STAGE-2 : 04/07/22-73 DONATIONS



COMPLETED

# 145

DONATIONS

### 35. Organic Cultivation (Maintenance)

Date:10.12.2022

Venue: Viswajyothi College of Engineering and Technology

**Description:**

The Maintenance of Plantain cultivation by VJCET NSS was conducted on 10<sup>th</sup> December at the NSS cultivation ground. The saplings were planted and taken care of by the volunteers. Every volunteer planted a sapling.



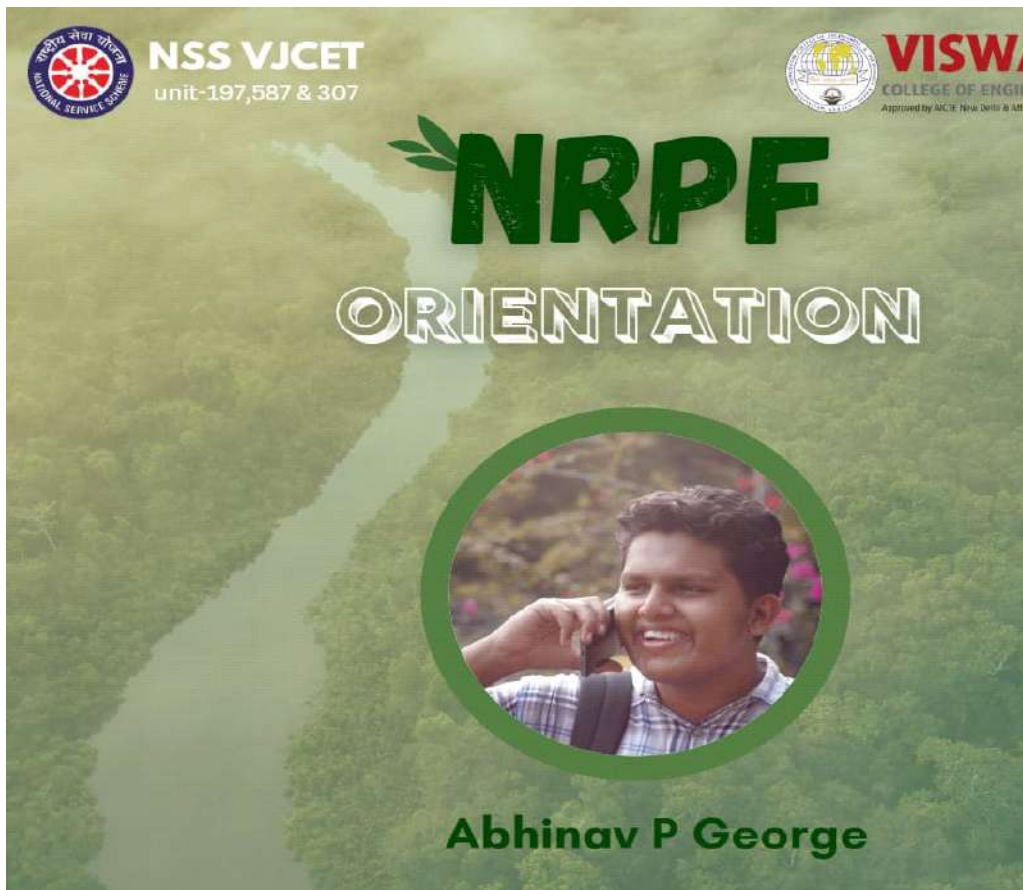
### 36. NRPf Orientation Program

Date:15.12.2022

Venue: Viswajyothi College of Engineering and Technology

**Description:**

An orientation session on NRPf was organized by NRPf coordinators of VJCET NSS on 5<sup>th</sup> December at 1:45 pm. The session was led by Mr Abhinav P George. It included a detailed introduction about NRPf and its activities. The session was productive and educative and everyone engaged actively.



### **37. LED Manufacturing Workshop**

Date:15.12.2022

Venue: Viswajyothi College of Engineering and Technology

#### **Description:**

An LED manufacturing workshop was held by VJCET NSS in coordination with IEDC . The session was led by Mr.SHIBU P LUKOSE, Chief Product designer & International Lighting Consultant and Auditor, Lutron Technologies. All the students & other participants from the panchayat made their own LED bulbs and tubes under the guidance of the resource person and student volunteers. Everyone involved actively in this workshop.





NSS VJCET  
UNIT:197,587&307



INNOVATION AND  
ENTREPREURSHIP  
DEVELOPMENT CENTRE



# FIRST STEP TO BE AN ENTREPRENEUR LED LIGHT MANUFACTURING WORKSHOP



15<sup>th</sup> DECEMBER 2022 | MAIN AUDITORIUM VJCET

@vjcet\_nss

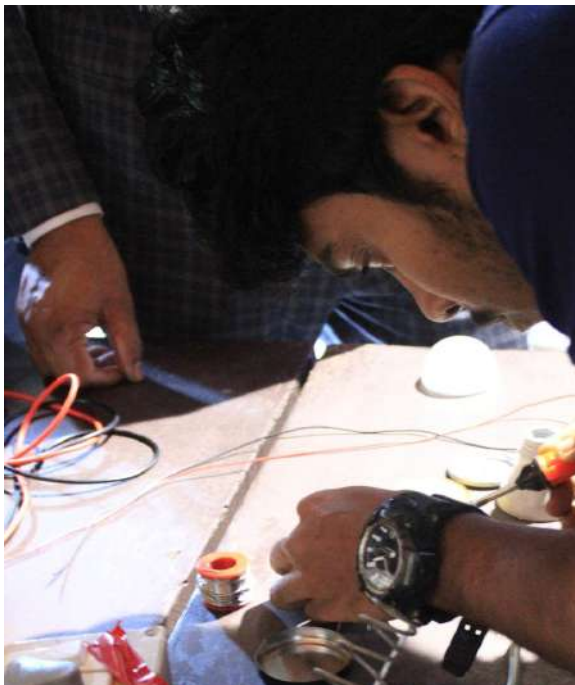


SAY NO TO FILAMENT LIGHTS  
SAVE ENERGY



**Mr.SHIBU P LUK**

Chief Product designer & Intern  
Consultant and Auditor  
Lutron Technologie



## 38. Energy Cell Orientation

Date:15.12.2022

Venue: Viswajyothi College of Engineering and Technology

### Description:

An orientation program was conducted by the energy cell of VJCET NSS on 15th December. The session was led by Ms Aina Shibu, regional student coordinator -energy cell. The session familiarised the activities and agendas of energy cell. It also included many activities and everyone actively participated in them.



### 39. Cake Distribution to College Staffs

Date:24.12.2022

Venue: Viswajyothi College of Engineering and Technology

#### Description:

As a token of love and gratitude, VJCET NSS volunteers distributed cakes to the college bus drivers and other non-teaching staffs. This was managed by funds collected from one day one rupee challenge. Everyone passed the message of Christmas and peace.



### 40. Republic Day Celebration

Date:26.1.2023

Venue: Viswajyothi College of Engineering and Technology

#### Description:

The 74<sup>th</sup> republic Day of our country was celebrated by VJCET NSS on 26<sup>th</sup> January at 8 am. The Indian National flag was hoisted by Dr KK Rajan, Principal, Viswajyothi College of Engineering and Technology. He addressed the gathering also. Gents hostel warden delivered his words sharing his message for republic day. Many volunteers participated in the event.



## 41. Republic Day Celebration and Cleaning

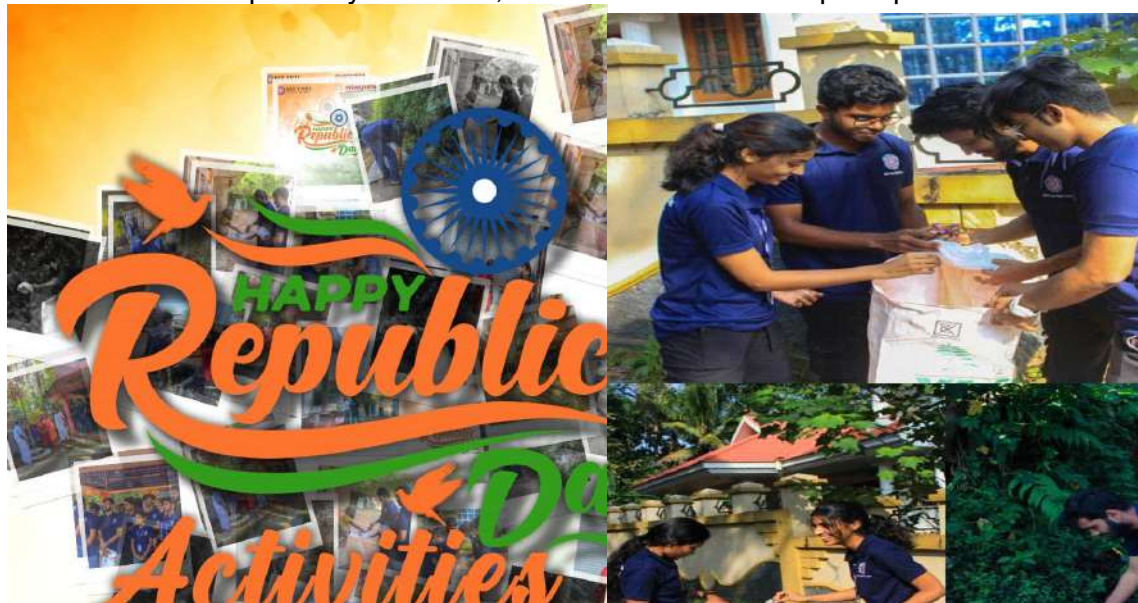
Date:26.1.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The 74<sup>th</sup> republic day of our country was celebrated by VJCET NSS volunteers on 26 th January at 10 am. The Indian National flag was hoisted by Avoli panchayat president Srimati Shelmy Johns. The spirit of republic day was shared on this occasion by other dignitaries. The volunteers gathered around Avoli grama panchayat building and cleaned the

surroundings. Plastic and e- wastes were collected and managed properly. Volunteers distributed sweets to panchayat officials, local residents and shop keepers.



## 42. Energy Survey

Date:18.2.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The second stage of energy survey in collaboration with IIT Roorkee was executed by the NSS volunteers of VJCET NSS. Survey consisted of evaluating monthly energy consumption of different households. Energy saving measures for each households were advised correspondingly by the volunteers.

## 43. Quiz on Energy Conservation

Date:19.2.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The NSS volunteers of VJCET NSS conducted a quiz competition in the topic "Energy conservation" on 19th February at 8 pm. The quiz was conducted via google forms. Many volunteers participated actively in the competition.



#### 44. Old age Survey (Day 1)

Date:4.3.2023

Venue: Viswajyothi College of Engineering and Technology

**Description:**

An old age survey was done by the NSS volunteers of VJCET NSS. The survey spanned around houses in Avoli panchayat and identified the number of old people



## 45. Old age Survey (Day 2)

Date:4.3.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

An old age survey was done by the NSS volunteers of VJCET NSS. The survey spanned around houses in Avoli panchayat and identified the number of old people.



## 46. NATPAC Survey

Date: 05.03.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

As prescribed by the university NSS cell, a survey among taxi drivers was conducted by VJCET NSS volunteers for the National Transportation Planning and Research Center. The survey was done by every NSS volunteer which was completed by 5th march



## 47. Tube Manufacturing

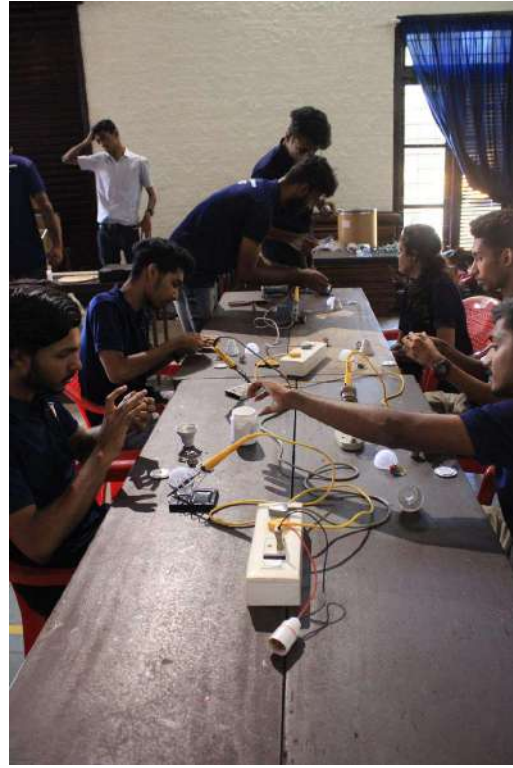
Date: 6.3.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

The selected volunteers stayed after college on 6 & 7 march 2023 for tube manufacturing for our special camp DHRUVA 2023. The volunteers made a total of 150 tubes.





## 48. Jeevana Coupon Distribution

Date:8.3.2023

Venue: Viswajyothi College of Engineering and Technology

### Description:

The dialysis coupons as part of 'Jeevana', an initiative by KTU care coordinators of VJCET NSS for helping dialysis patients, were distributed to the beneficiaries. The coupons were distributed by Idukki district MP Adv. Dean Kuriakose and Muvattupuzha Block panchayat president Jose Augustine. Around 75 beneficiaries collected coupons on this occasion.



#### 49. Dhruva 2023 Day - 1

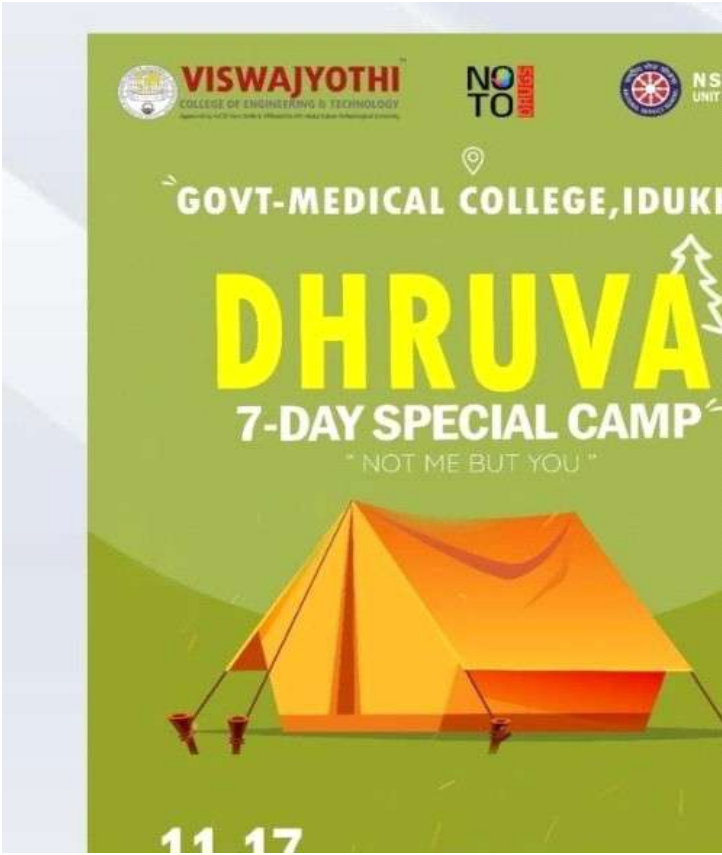
Date: 11.03.2023

Venue: Government Medical College, Idukki

#### **Description:**

On March 11, 2023, Dhruva 2023 commenced, marking the beginning of the NSS camp for 2nd-year students of Viswajyothi College. The journey embarked from Viswajyothi College of Engineering And Technology, Vazhakulam, at 1 pm, with a total of 20 senior and junior volunteers on board. A delightful pit stop at Kulamavu Dam offered picturesque sightseeing opportunities. Upon reaching Government Medical College, the volunteers indulged in a refreshing tea break before being divided into groups for efficient task allocation. The new

ward, disheveled and dusty, required thorough cleaning, which each group undertook diligently. Dinner followed, and eventually, everyone retired to bed at the stroke of midnight, marking the end of an eventful day.





## Day -2

Date: 12.03.2023

Venue: Government Medical College, Idukki

### **Description:**

The second day of Dhruva, on 12<sup>th</sup> March 2023, commenced with a refreshing exercise session at 6 am, followed by an assembly to set the day's agenda. The dedicated NSS volunteers then embarked on the task of cleaning the new ward at the medical college. Notably, Mr. Arun, the NSS District Programme Officer, joined them during their efforts, providing motivation and guidance. In the evening, an engaging interactive session between the senior volunteers and the juniors took place. Program officer Rakesh sir joined this session and assigned specific team-building tasks to each group. The teams executed their tasks with remarkable enthusiasm and skill, creating a truly mesmerizing experience. As the day drew to a close, a review meeting was held at 10 pm, marking the end of another productive day at the NSS camp.







### Day-3

Date: 13.03.2023

Venue: Government Medical College, Idukki

#### **Description:**

On the third day of Dhruva, which fell on March 13, 2023, the NSS volunteers adhered to their early morning routine, rising at 5 am and convening at 6 am for their customary activities on the ground. Following a hearty breakfast, all the volunteers gathered in the assembly hall to affix stickers representing Viswajyothi College and NSS onto the tube lights. Subsequently, a group of skilled NSS volunteers embarked on the installation of LED tube lights in various hospital wards. Simultaneously, an orientation session was conducted by retired exercise officer Abdul Jabbar sir, shedding light on the critical topic of "The Use of Drugs." As the day progressed, NSS alumni paid a visit, organizing engaging events and activities for the current volunteers. The day drew to a close with the customary review meeting, capping off another eventful day at the camp.









#### **Day-4**

Date: 14.03.2023

Venue: Government Medical College, Idukki

#### **Description:**

On the fourth day of the camp, which was the 14th of March 2023, the familiar routine commenced at 5 am, starting with the customary exercises and morning assembly. Following a hearty breakfast, all the participants came together to engage in various cultural activities that added vibrancy to the day. While some groups were assigned to continue their work on installing tube lights, others indulged in cultural performances. After a satisfying lunch, at 2:15 pm, everyone moved to the hospital area to contribute by removing rust from hospital equipment using sandpaper. By 6:30 pm, everyone returned and gathered in the assembly hall. After dinner, at 9:30 pm, all volunteers convened for a surprise event orchestrated by the senior NSS volunteers. The day concluded with a review meeting before everyone retired for the night.







## Day-5

Date: 15.03.2023

Venue: Government Medical College, Idukki

### Description:

On the fifth day of Dhruva 2023, which dawned on March 15, the day began at 5 am with the customary morning routines, including exercises and assembly. Following a nourishing breakfast, at 10 am, the volunteers gathered for an informative session about road regulations conducted by Dr. Sony John, an officer from the Motor Vehicles Department (MVD).

Later in the day, members of certain groups engaged in a painting project within the old block of the hospital, adding a touch of creativity to the surroundings. At 2:45 pm, the entire group headed to Hill View Park for a cleanup initiative, culminating with their return to the camp by 8 pm.

The day concluded with a satisfying dinner, followed by a lively campfire session that brought the volunteers together for bonding and relaxation. Finally, the day ended with a review meeting, wrapping up another productive and eventful day at the camp.











## **Day-6**

Date: 16.03.2023

Venue: Government Medical College, Idukki

### **Description:**

The sixth day of Dhruva 2023 began promptly at 5 am, commencing with invigorating Zumba exercises and the customary morning assembly. Following a satisfying breakfast, a distinguished group from the college, including Creative Director Father Mathew Puthenkulam, paid a visit to the camp.

At one o'clock, a significant delegation from the college, featuring Principal Dr. K Rajan, Vice Principal Somy P Mathew, Medical College Principal Dr. Meena D Mam, Medical College Superintendent Dr. Suresh, and Scientific Officer Sunny, gathered at the camp. Dr. Suresh inaugurated the camp, and in a gesture of respect and gratitude, the NSS Volunteers presented a memento to both Dr. Suresh and Dr. Meena.

After the meal, two groups were assigned the task of painting, while the remaining groups continued their dedicated efforts in cleaning activities. In the evening, the Hon'ble Idukki Sub Collector, Arun P Nair, graced the camp with his presence, offering valuable insights and encouragement to the NSS Volunteers. The day was further enriched with cultural events before culminating in the customary review meeting, marking the end of yet another eventful day at Dhruva 2023.









## Day-7

Date: 17.03.2023

Venue: Government Medical College, Idukki

### **Description:**

On the seventh day of the NSS camp, which unfolded on February 17, 2023, the morning commenced at 5 am, adhering to the usual routines and a hearty breakfast. Following this, the campers received an orientation session from the Fire and Rescue Department, equipping them with essential knowledge and skills.

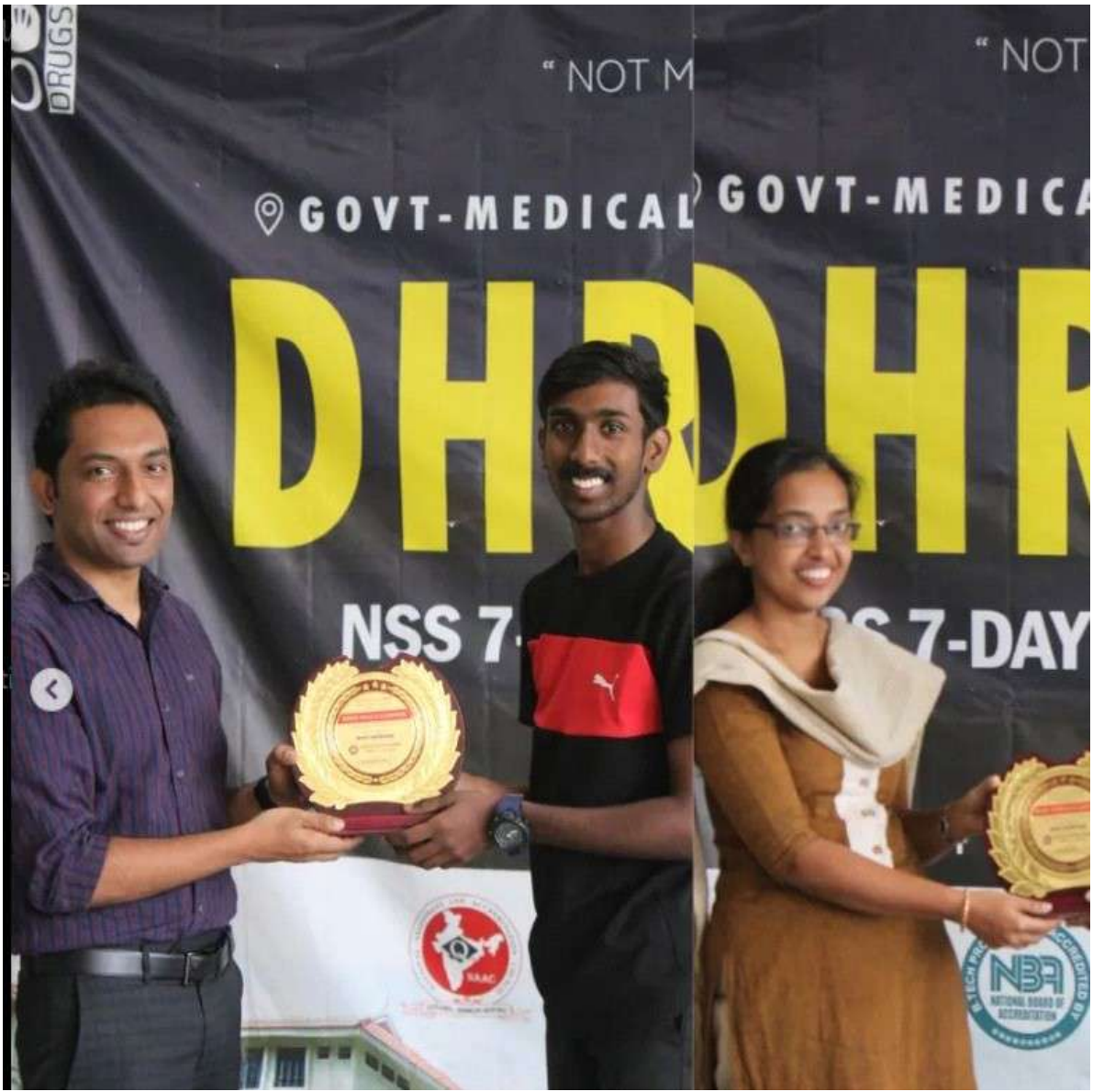
A special meeting was convened afterward, where participants shared their cherished memories and valuable experiences from their time at the camp. In a heart-warming

ceremony, awards were presented to recognize the best male and female campers as well as the best team.

As the day drew to a close, bags were packed, and the entire campsite, including the newly arranged ward, was meticulously organized. At 1:30 pm, the campers bid farewell to the medical college, leaving behind a trail of unforgettable memories and a sense of nostalgia. They arrived back at their college by 4:15 pm, their hearts heavy with the bonds forged and the experiences gained during their enriching journey at the camp.











## 50. Nava Keralam Ernakulam Meet

Date: 21.04.2023

Venue: Ernakulam Town Hall

### **Description:**

The Nava Keralam Ernakulam meetup was held on 29<sup>th</sup> April 2023 at Ernakulam town hall at 2pm. It was a campaign for litter free Kerala. VJCET NSS volunteers participated in the event. During the event classes on how to spread awareness to people to reduce the use of plastic and plans for other similar activities were made. Refreshment was given to participants. The meeting concluded by 5pm.



### 51. Nava Keralam Panchayath Level Meet

Date: 16.05.2023  
 Venue: Avoli Panchayath Conference Hall

**Description:**

The Nava Keralam Panchayath Level meetup was held on 16<sup>th</sup> May 2023 at Avoli Panchayath conference hall at 11:00 am. It was an awareness program for litter free Kerala to all the residents at the Panchayath level. VJCET NSS volunteers participated in this event. The meeting ended by 1:30 pm.



## 52. World Environment Day

Date: 05.06.2023

Venue: Viswajyothi College of Engineering and Technology

### **Description:**

World Environment Day, held annually on 5<sup>th</sup> June, brings together millions of people from across the globe, engaging them in the effort to protect and restore the Earth. As a part of it we NSS Volunteers planted shade trees at our own home and uploaded the photos to inspire others as well. This event was a huge success as everyone actively took part in it.



### **53. World Environment Day - Panchayat Meet**

Date: 05.06.2023

Venue: Avoly Grama Panchayath Office

**Description:**

As a part of World Environment Day, there was a Panchayath meet conducted for NSS Volunteers and Kudumbashree women. The session was conducted by the president of the Avoly Grama Panchayath Shrimati. Shelly Johns. The session was about Waste Management and usage of Green Bins. As a part of it NSS Volunteers and Kudumbashree women planted shade trees. This event was a grand success as both NSS Volunteers and Kudumbashree women equally took part in it.



**54. Rudhirasena Eranakulam District Meet**

Date: 10.06.2023

Venue: Federal Institute of Science and Technology, Angamaly

**Description:**

The Ernakulam Regional meetup of Rudhirasena was held on 10th June 2023 at Federal Institute of Science and Technology from 9:00am. VJCET NSS volunteers Cibin B Kalapura and Steffin Tomy participated in the event. The meeting ended by 4:00pm.



## 55. Rudhirasena Annual Meeting

Date: 14.06.2023  
Venue: Trivandrum

### Description:

The annual meetup of Rudhirasena coordinators was held on 14th June 2023, Trivandrum. At first, an inauguration speech was delivered which was a wonderful one and conveyed the message what is meant by RUDHIRASENA.

After the inauguration, Representatives of different region under NSS RUDHIRASENA were invited to the dais to discuss various plans for the forth coming year. Representative of each region came forth with their ideas and plans like providing awareness to society, organizing blood donation camp and so on. The meetup came to a conclusion by evening.

## 56. Sneha Sammanam Stage 1

Date: 15.06.2023  
Venue: Mary Rani Baliga Bhavan, Thodupuzha

### Description:

NSS volunteers of VJcet along with collage Director Fr.Paul Nedumburath, Program officer Mr. Rakesh Jose, Head of the Computer Science Department Mr. Amal Austine visited Mary Rani Baliga Bhavan on 15th June 2023 at 4:15pm to 6:00pm NSS volunteer distributed sweets to the children and staff. They interacted with them and distributed the school kits to the students.



## 57. IMA Thodupuzha Appreciation

Date: 16.06.2023

Venue: IMA Auditorium

### Description:

The IMA appreciation was held on at IMA Auditorium, Thodupuzha. It was an program to appreciate all the members of NSS VJCET for their contributions in blood donating as they have conducted most number of blood donation camps. The program began at 3:00 pm. Four NSS volunteers participated in this event. The NSS volunteers were awarded with appreciation certificates and memento. The program reached conclusion by 5 pm.



## 58. Sneha Sammanam Stage - 2

Date: 17.06.2023

Venue: Mary Rani Baliga Bhavan, Thodupuzha

### Description:

NSS volunteers of VJCET along with Program officer Mr. Pappu visited Mothercare Rehabilitation Centre, a home for specially abled children on 17th June 2023 11:00am to 12:00am. NSS volunteer gave sweets to the children and staffs. They interacted with them and distributed the school kits to the school going children.



## 59. International Yoga Day

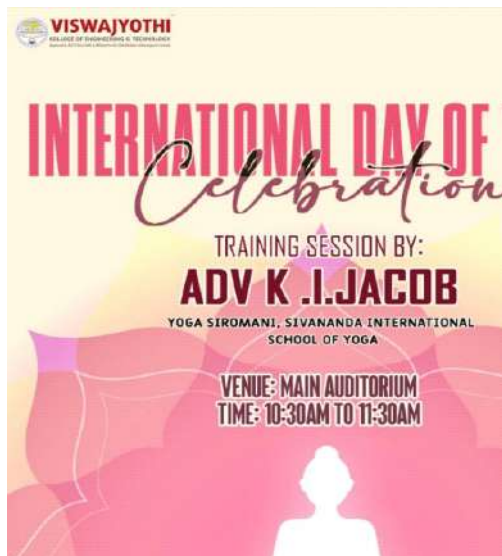
Date: 21.06.2023

Venue: Venue: Viswajyothi College of Engineering and Technology

### Description:

As a part of International Day of Yoga, an orientation class and a training session were conducted by Adv K. I. Jacob, who is the Yoga Siromani at Sivananda International School of Yoga. This event served as a wonderful opportunity for individuals to delve deeper into the enriching practice of yoga. Adv K. I. Jacob, with his profound knowledge and expertise, guided the participants through various yoga asanas, pranayama techniques, and the philosophy behind this ancient discipline. The session was a resounding success, leaving all the NSS volunteers who took part in it feeling rejuvenated and spiritually connected. Not only did it promote physical well-being but also instilled a sense of mental tranquillity and harmony among the participants, reinforcing the importance of yoga in modern-day life. This event showcased the power of yoga in fostering holistic health and well-being, aligning perfectly with the spirit of International Day of Yoga.





## 60. Energy Cell Regional Meet

Date:23.06.2023

Venue: M.A.College, Kothamangalam

### Description

On June 23, there was an energy cell regional meet conducted at M.A.College. Energy cell coordinators from every college had attended the meet. The class was based on energy consumption and how we can manage it. They listed five things to be finished within the following five months. The listed things were to conduct an awareness program, a flashmob, an energy consumption class for kudumbashree women, A poster design competition and to complete this audit. One of our senior Miss Aina, was one of the five Energy Cell Volunteers of Ernakulam region and was awarded with a Memento. They conducted many games and it was a really enjoyable session for the NSS Volunteers.



## 61. Anti-Drug Day

Date: 26.06.2023

Venue: PTC Seminar Hall, VJCET

**Description:**

As part of Anti-Drug Day NSS volunteers conducted an awareness campaign aimed to educate individuals about the negative impacts of drugs and encouraging them to avoid substance abuse. The session was handled by Mrs. Maya Bastian, Consultant Psychologist, Govt. Taluk Homeo Hospital, Muvattupuzha on 26th June 2023 at 11 am. 60 NSS volunteers attended the session without fail. It was an information and interactive session.



 **NSS VJCET**  
Unit-197,307

 **VISWA**  
COLLEGE OF ENGIN  
Approved by AICTE New Delhi & UPE

# ANTI DRUG DAY

26 JUNE 2023

**Awareness Program**  
11:00 am | Venue: PTC Seminar Hall

**Chief Guest**  
**Mrs. Maya Bastian**  
Consultant Psychologist