



APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY
NATIONAL SERVICE SCHEME CELL

National Service Scheme (APJAKTU NSS Cell) Unit 198, 587

Report of Activities from July 2020 to June 2021

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Unit 197 & 587

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VISWAJYOTHI
COLLEGE OF ENGINEERING & TECHNOLOGY
Approved by AICTE New Delhi & Affiliated to APJ Abdul Kalam Technological University

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Report of Activities from July 2020 to June 2021

1. Scavenger Hunt

Date: 24.09.2020

Venue: google meet

Description:

In commemoration of NSS (National Service Scheme) Day, the NSS unit of VJCET, Vazhakulam, organized a dynamic "scavenger hunt" and various other engaging events on September 24th, 2020. The leadership of Mr. Anand James, a distinguished former NSS State Core Committee Member, added a level of expertise and enthusiasm to the occasion. Approximately 60 dedicated NSS volunteers enthusiastically participated in these activities, making the day a resounding success. The event not only celebrated the essence of NSS but also encouraged teamwork, problem-solving, and camaraderie among the participants, fostering a sense of community and social responsibility.



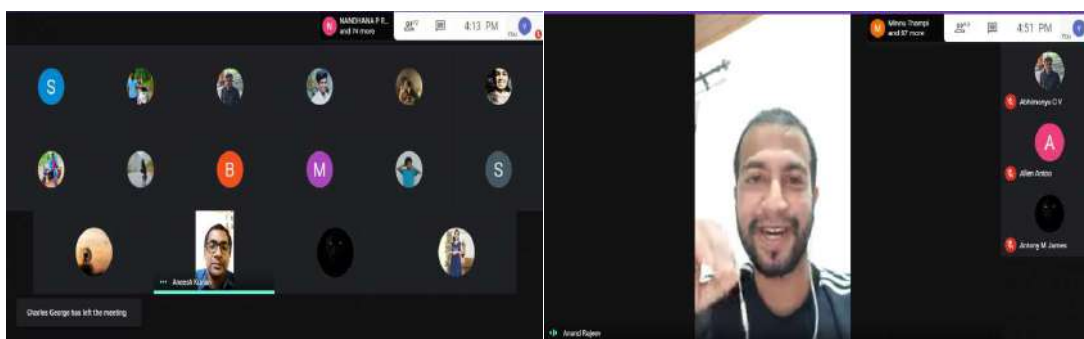
2. Orientation Program

Date: 26.09.2020

Venue: Google Meet

Description:

The National Service Scheme unit of VJCET, Vazhakulam, demonstrated their commitment to promoting volunteerism by organizing a web talk on "How a Real NSS Volunteer Should Be" on September 26th. The enlightening sessions were led by Mr. Abhimanyu CV and Mr. Anand Rajeev, esteemed former NSS volunteers who graduated from Adisankara Institute of Engineering and Technology. This event drew enthusiastic participation from approximately 80 NSS volunteers, fostering a spirit of dedication and service among the youth.



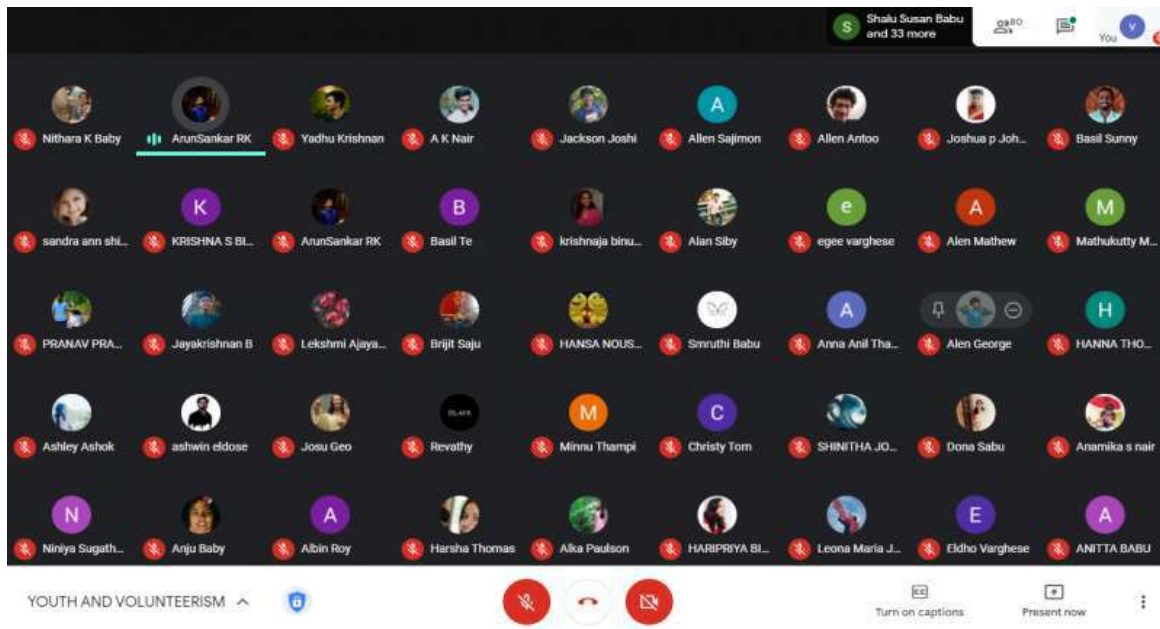
3. Cancer Awareness

Date: 30.09.2020

Venue: Google Meet

Description:

A dedicated representative from an NGO, specializing in providing support to individuals affected by cancer, conducted a highly informative seminar on cancer awareness. The session aimed to educate and empower participants with knowledge about cancer prevention, early detection, and the various support services available to cancer patients and their families. During this insightful event, attendees learned about the importance of lifestyle choices in reducing cancer risks, the significance of regular screenings, and the emotional and practical assistance offered by the NGO. This comprehensive seminar not only raised awareness but also fostered a sense of community among those present, inspiring them to take proactive steps in the fight against cancer and provide vital support to those in need.



4. Animal Photography Contest

Date: 08.10.2020
Venue: Google Form

Description:

On October 8th, 2020, an engaging and creative photography contest on the theme of "Animal Photography" was conducted. This contest provided a platform for talented photographers to showcase their skills and capture the beauty of the animal kingdom. To encourage participation and excellence, a prize of Rs 300/- was awarded to the winner, recognizing their outstanding photographic talent and the ability to capture the essence and charm of the animal world. Such contests not only promote artistic expression but also raise awareness about the importance of conserving and appreciating the beauty of animals in our natural world.



5. Tree Plantation

Date: 01.11.2020

Venue: Home

Description:

The National Service Scheme unit of VJCET, Vazhakulam, demonstrated its commitment to environmental conservation and community well-being by organizing a Tree Plantation program and a cleaning initiative on November 1st, 2020, as part of Kerala Piravi (Kerala Formation Day) celebrations. To adapt to the circumstances, the program was conducted in an online mode, showcasing the innovative spirit of the NSS unit. Despite the virtual setting, volunteers actively participated by planting saplings at their respective homes, contributing to a greener environment. This initiative not only celebrated the beauty and significance of Kerala but also reinforced the idea that even in challenging times, collective efforts can lead to positive change and sustainable practices.



6. Tree Plantation

Date: 02.11.2020

Venue: Viswajyothi College of Engineering and Technology

Description:

The National Service Scheme unit of VJCET, Vazhakulam, celebrated Kerala Piravi (Kerala Formation Day) with a meaningful Tree Plantation program on November 1st, 2020. Despite the challenges posed by the pandemic, this initiative demonstrated adaptability and community spirit by being conducted in an online mode. Approximately 100 enthusiastic volunteers actively participated by planting saplings at their respective homes. This virtual tree plantation drive not only symbolizes the love for one's homeland but also underscores the importance of environmental conservation. It showcases the commitment of NSS volunteers to making a positive impact on the environment even in the face of adversity. Each sapling planted represents a step toward a greener and more sustainable future, reflecting the NSS unit's dedication to community service and environmental responsibility.



7. NSS Environmental Survey Day - 1

Date: 02.12.2020

Venue: Viswajyothi College of Engineering and Technology

Description:

The National Service Scheme unit of VJCET, Vazhakulam, embarked on a commendable four-day Environmental Survey and Board Fixation initiative from December 2nd to December 6th, 2020. This program was conducted in an offline mode, with enthusiastic participation from dedicated volunteers. The primary goal of this initiative was to conduct a comprehensive survey of the trees on the college campus and subsequently install name boards to identify these trees. By actively participating in this endeavour, the volunteers not only contributed to the preservation and documentation of the local environment but also enhanced awareness and appreciation of the natural surroundings

within the college community. Such initiatives foster a sense of responsibility towards the environment and encourage a closer connection between individuals and the natural world.



8. NSS Environmental Survey Day - 2

Date: 03.12.2020

Venue: Viswajyothi College of Engineering and Technology

Description:

On the day 2, with the active involvement of approximately 25 enthusiastic volunteers, this endeavour was conducted in an offline mode. The primary aim of this project was to conduct a comprehensive survey of the various trees on the college campus, helping to identify and catalog them. Subsequently, name boards were affixed to these trees, enhancing awareness and appreciation of the diverse plant life within the college grounds. This initiative not only contributes to the conservation of the environment but also encourages a deeper connection between individuals and the natural world, instilling a sense of environmental stewardship and pride in the campus community.



9. NSS Environmental Survey and Board Fixation Work -1

Date: 04.12.2020

Venue: Viswajyothi College of Engineering and Technology

Description:

The National Service Scheme unit at VJCET, Vazhakulam, demonstrated their commitment to environmental awareness and campus beautification through a four-day Environmental Survey and Board Fixation project held from December 2nd to December 6th, 2020. Conducted in an offline mode, this initiative saw active participation from approximately 25 dedicated volunteers.



10. NSS Environmental Survey And Board Fixation Work Day - 2

Date: 05.12.2020

Venue: Viswajyothi College of Engineering and Technology

Description:

The National Service Scheme unit of VJCET, Vazhakulam, demonstrated its commitment to environmental conservation and campus beautification through a dedicated four-day Environmental Survey and Board Fixation initiative, spanning from December 2nd to December 6th, 2020. This program, conducted offline, engaged approximately 25 enthusiastic volunteers in a collective effort.



11. Pothichoru

Date: 17.12.2020

Venue: Old age Home Vazhakulam

Description:

During the challenging times of the COVID-19 pandemic, the students displayed remarkable compassion and solidarity by organizing a monthly initiative to provide lunch for the residents of the nearby old-age home. To ensure the safety of everyone involved, they used Google Meet for coordination and planning. This thoughtful act not only alleviated the physical needs of the elderly but also brought a sense of companionship and warmth, bridging the gap created by social distancing measures. It exemplifies the power of collective effort and the importance of maintaining a sense of community even in times of adversity.

12. Sannadha Sena Master Training

Date: 21.01.2021

Venue: Google Meet

Description:

On January 21st, an enlightening session on stress management was conducted by Soyal Sunny. The purpose of this session was twofold: first, to enhance the quality of life by equipping individuals with effective stress management techniques, and second, to foster

stronger communities through active civic engagement, ultimately contributing to the development of a disaster-resilient community. Soyal Sunny's expertise in stress management provided attendees with valuable tools and strategies to cope with life's challenges, while emphasizing the importance of community cohesion and preparedness in the face of potential disasters. This session not only promoted personal well-being but also underlined the significance of collective action in building resilient and supportive communities.



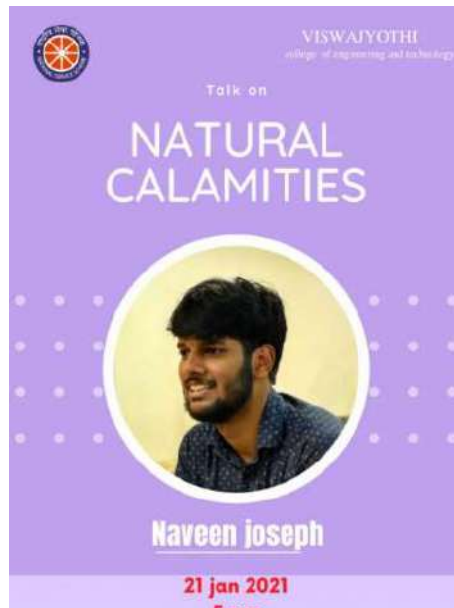
13. Natural Calamities

Date: 21.01.2021

Venue: Google Meet

Description:

Amidst the challenging environmental conditions, the NSS (national service scheme) unit at VJCET took a proactive step by organizing a talk on the topic of "natural calamities." this informative session was expertly conducted by Mr. Naveen Joseph and was facilitated through the virtual platform of google meet. The talk likely delved into the causes, impacts, and preparedness measures related to natural disasters, fostering a greater understanding of these events and their consequences. Such initiatives are crucial in equipping individuals and communities with the knowledge and strategies needed to mitigate the effects of natural calamities and promote safety and resilience in the face of environmental challenge.



14. Republic Day

Date: 26.01.2021

Venue: Viswajyothi College of Engineering and Technology

Description:

The National Service Scheme unit at VJCET, Vazhakulam, exhibited a patriotic spirit by organizing a Republic Day celebration on the college campus. The honourable Principal of VJCET, Prof. K K Rajan, had the privilege of hosting the national flag, representing the program officers, volunteer secretaries, and NSS volunteers of the NSS unit. In addition to the flag hosting ceremony, the day was filled with various engaging events such as quiz competitions and poster contests. Approximately 30 dedicated volunteers actively

participated and demonstrated their knowledge and creativity, earning themselves well-deserved prizes. Prof. KK Rajan, the Principal of VJCET, distributed the prizes, recognizing the talents and efforts of the participants. Such celebrations not only instil a sense of patriotism but also provide a platform for students to showcase their skills and contribute to the vibrant spirit of the institution.



15. First Aid Awareness Class

Date: 20.02.2021

Venue: Viswajyothi College of Engineering and Technology Vazhakulam

Description:

On February 20th, a valuable First Aid Awareness Class was organized by the Fire and Safety Department in Muvattupuzha. This session provided attendees with essential knowledge about the fundamental principles of administering first aid. By offering general information on the basics of first aid, this session equipped participants with the skills and understanding needed to provide immediate assistance in various emergency situations. Such awareness classes play a pivotal role in preparing individuals to respond effectively during accidents or medical crises, potentially saving lives and promoting safety within the community.



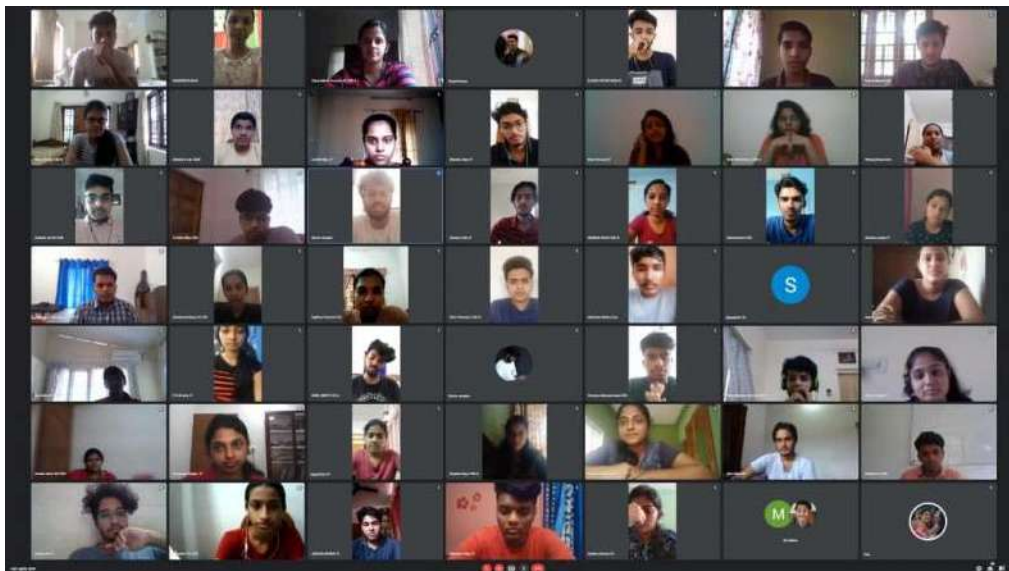
16. Haritham

Date: 06.03.2021

Venue: Google Meet

Description:

On march 6th, 2021, a highly informative orientation session on the topic of "backyard farming" was conducted by Mr. Aneesh Kurian. Despite the constraints imposed by the pandemic, this session took place on the virtual platform of google meet, demonstrating adaptability and the commitment to knowledge sharing. Mr. Aneesh Kurian provided valuable insights and expertise on the subject, enlightening attendees about the principles and practices of backyard farming.



17. Women Empowerment

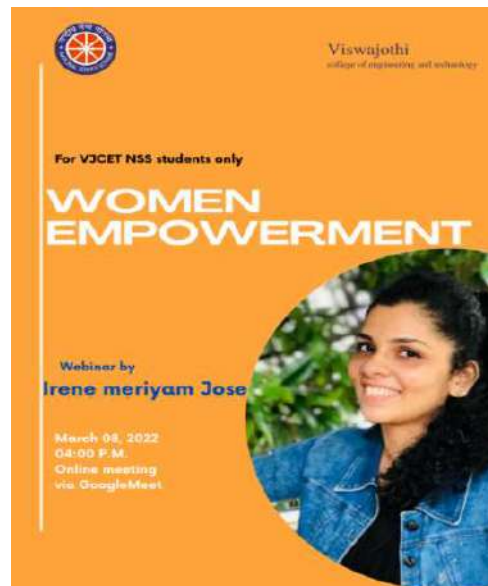
Date: 08.03.2021

Venue: Google Meet

Description:

On March 8th, 2021, a thought-provoking talk on the crucial topic of "Women Empowerment" was conducted by Miss Irene Meriyam Jose. This significant event, which coincided with International Women's Day, provided a platform for discussing and raising awareness about the importance of empowering women in society. The use of Google Meet as the platform for this talk allowed for widespread participation and engagement,

considering the convenience and accessibility it offers. Irene Meriyam Jose's insights likely shed light on the challenges and opportunities surrounding women's empowerment, inspiring attendees to be advocates for gender equality and women's rights. Such discussions are instrumental in fostering positive change and promoting inclusivity and equity within our communities.



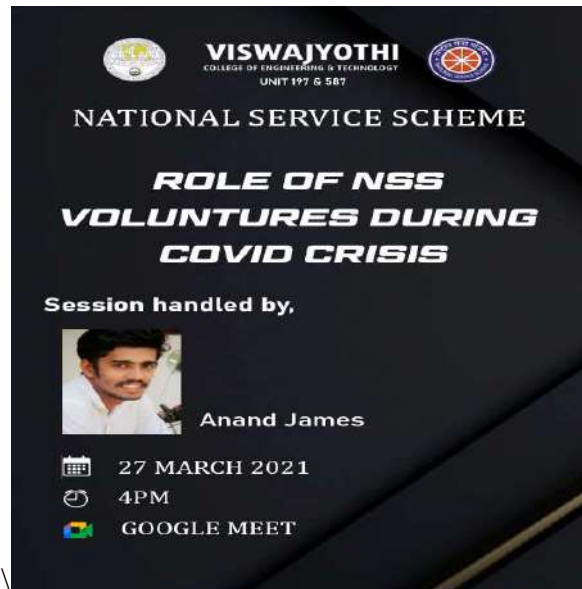
18. Role of NSS Volunteer During Covid Crisis

Date: 27.03.2021

Venue: Google Meet

Description:

On March 27th, an insightful session titled "Role of NSS Volunteer During the COVID Crisis" was conducted by Anand James. This session likely shed light on the vital contributions and responsibilities of NSS (National Service Scheme) volunteers in times of crisis, such as the COVID-19 pandemic. Anand James likely emphasized the importance of community service, assistance to vulnerable populations, and how volunteers can actively participate in relief efforts during such challenging times. This session likely served as a source of inspiration and guidance for volunteers, motivating them to make a positive impact on their communities during the pandemic and beyond.



19. One Day One Rupee

Date: 31.03.2021

Venue: Immanuel children's home

Description:

The students' initiative of collecting 1 rupee per day and pooling their resources to purchase study materials for the children of Immanuel children's home is both heart-warming and admirable. Their consistent and disciplined effort to save small amounts daily over the course of a year not only showcases their financial responsibility but also their commitment to the education and well-being of less fortunate children. This act of kindness ensures that these children have access to the necessary tools for learning and personal development, fostering a brighter future for them. It exemplifies the profound impact that collective efforts can have on improving the lives of others and underscores the importance of community engagement and compassion.



20. Avoli Panchayat Cleaning Work

Date: 06.04.2021

Venue: Avoli Panchayat

Description:

The National Service Scheme unit of VJCET, Vazhakulam, demonstrated its commitment to community service by organizing a cleaning initiative at Avoli Panchayat on April 6th, 2021. This noble endeavour saw the active participation of approximately 25 dedicated NSS volunteers. Through their hard work and collective effort, they made a significant impact on the cleanliness and well-being of the local community. Such initiatives not only contribute to environmental sustainability but also instil a sense of responsibility and civic duty among the young volunteers, promoting a culture of social awareness and active participation in community development.



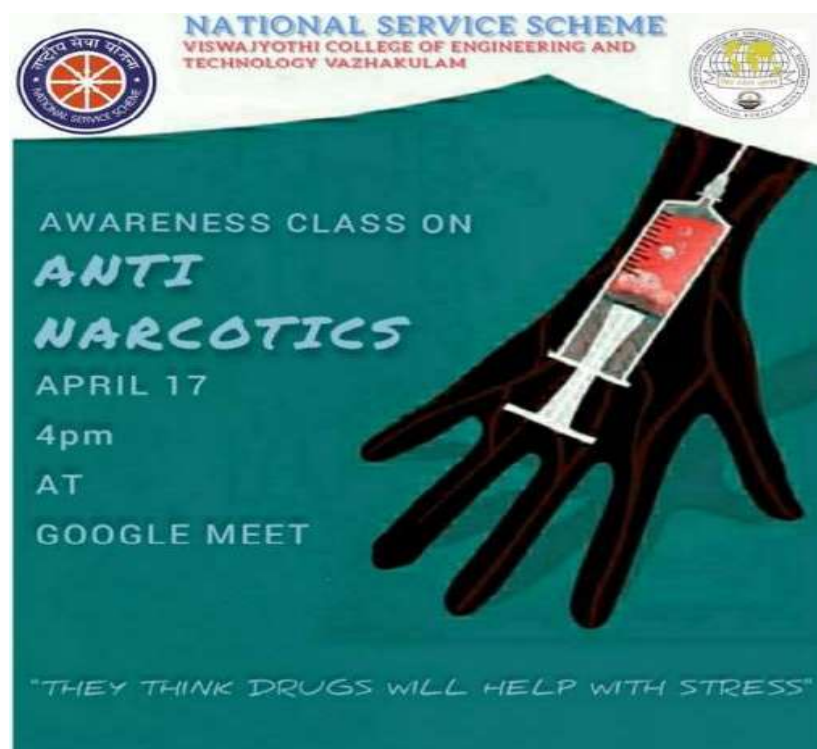
21. Anti-Narcotics

Date: 17.04.2021

Venue: Google Meet

Description:

An awareness program addressing the crucial topic of "Anti-Narcotics" was conducted on April 17th, 2021, using the Google Meet platform. This initiative aimed to educate and inform participants about the detrimental effects of narcotics and the importance of combating drug abuse within society. Moreover, the active involvement of students, who not only attended the program but also participated in oath-taking and poster-making activities, reflects their commitment to spreading awareness and actively contributing to a drug-free community. Such comprehensive efforts, blending information dissemination with interactive activities, play a pivotal role in creating a more informed and responsible society, ultimately helping to combat the menace of narcotics.



22. How to Manage Stress

Date: 27.04.2021

Venue: Google Meet

Description:

On April 27th, a highly beneficial session on stress management was conducted by Anand James. This session went beyond theoretical knowledge and included practical exercises that offered participants tangible tools to effectively manage stress. Through physical exercises and strategies for better organization, attendees were provided with hands-on techniques to combat stress and maintain a healthy work-life balance. Anand James's expertise in this field made the session particularly insightful, leaving participants equipped with valuable skills to navigate the challenges of daily life with resilience and composure. Such sessions contribute significantly to the overall well-being and productivity of individuals, fostering a healthier and more harmonious




23. Drawing and Painting Week

Date: 03.05.2021


Venue: Whatsapp

Description:

A drawing and painting competition held on May 3rd added a creative twist to the quarantine challenge. Participants showcased their artistic talents and creativity, bringing beauty and expression into quarantine life. Recognizing their efforts and skills, the winners were awarded Rs 200 each. This initiative not only fostered artistic expression but also encouraged individuals to find inspiration and positivity during challenging times. It's a testament to the resilience and creativity of individuals who turned quarantine into an opportunity for self-expression and personal growth.



QUARANTINE CHALLENGE
* Need a Break From boring Lockdown days,
Then we are providing a platform to showcase your talents *



May 1 - 3

DRAWING & PAINTING WEEK

A PRIZE AWAITS YOU.....!!

**Deadline For Entry :
03 - 05 - 2021 , 3 pm**

**Sent Your Entries To :
9656308924**

